



# MEDIA INFORMATION

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# THE CALL



## *A call to consciousness in our misguidedly microwaved world*

A unique blend of wisdom, humour, personal experience, hard-hitting science and quantum physics, this book presents a compelling case for a complete rethink of how we live.

Backed by solid scientific evidence and an in-depth understanding of human dynamics, Sheean explores the biological, psychological, neurological, emotional and environmental impacts of our insatiable hunger for wireless connectivity.

**“Our addiction to wireless technology has eroded our humanity, undermined our respect for all forms of life, and negated our role as custodians of our planet.”**

—Olga Sheean



# THE BIG PICTURE

But the book is far more than an exposé of what ails our world. It reveals the true underlying drivers of the epidemics, environmental degradation, breakdown of social mores, undermining of human rights, and increasing mental illness that characterize modern society.

It's not just about the harmful microwave radiation that now saturates the globe, killing off crops, insects and birds, while harming animals, affecting climate and causing widespread biological harm. It's not just about misguided healthcare systems, corrupt politicians, industry-driven governments or short-sighted environmental policies. It's about the human dysfunction that underpins it all and how we are being pushed to address it, as more and more people suffer functional impairment and serious disorders.

It's about the loss of resources and the freedom to live in safety and health. It's about the loss of personal autonomy and the passive surrendering of personal responsibility for our food, health, values, lifestyle and environment.

**“Do we want a world run by corporations that exploit human weakness to create dependencies, or by visionary governments that empower individuals to live responsibly, fostering a culture of excellence and sustainable prosperity?”**

—Olga Sheean

The answer, says Sheean, lies in understanding our dysfunction and our denial of the obvious (we are destroying our planet and our viability as a species), while embracing our infinite capacity for holistic evolution and bio-friendly technologies.

With awareness and self-responsibility comes consciousness, which is the key to our evolution as multi-dimensional beings. Only by consciously engaging our sorely neglected hearts and souls, says Sheean, can we truly understand what is driving us and how we can become the game-changers of our own reality.

Consciousness involves being present to the deeper truth of our humanness and tapping into the universal intelligence of which we are an integral part. The book provides practical steps for doing this, explaining how to activate our spiritual faculties and take ownership of our own lives.

**“Becoming conscious and healing our emotional dysfunction is the most powerful thing we can do to restore personal and planetary health.”**

—Olga Sheean

*EMF off!* encourages us to become activists in our own lives, thereby progressively restoring healthy governance and the true power of the people. Rather than being victims of the governments and industries to whom we have surrendered our authority, we can reclaim a healthy sense of self and remain forever mindful of the imperative to safeguard our hearts, our humanity and our home.

# *The book has four parts*

**1**

## **The story of harm**

A witty, poignant account of Sheean's experience with electromagnetic radiation from WiFi, cell phones and other wireless devices ...and why so many people remain unaware of the dangers.

**2**

## **Fighting for our lives**

The science on electromagnetic fields (EMFs), the medical explanation of electro-sensitivity, and some of the measures taken by Sheean and others worldwide to hold governments and industry accountable for their negligence.

**3**

## **Uncovering the deeper truth**

The underlying dynamics of our self-destructive behaviour, and how neural reprogramming and quantum mechanics enable us to change our minds and our circumstances.

**4**

## **A call to consciousness**

How to reclaim our autonomy, re-awaken our humanity, leverage our brains' neuroplasticity, and use life's challenges as springboards to greater awareness and fulfillment.

“This is an important book from someone with wide experience and a unique background. Her analysis of the wireless dangers that society faces is balanced by empowering solutions made possible by scientific advances.”

—*Michael Bevington, Chair of Electrosensitivity UK (es-uk.info) and author of Electromagnetic Sensitivity and Electromagnetic Hypersensitivity—a summary*

# WHAT READERS SAY

"Powerful, raw, amusing, inspiring and empowering. Olga is a true warrior—a peaceful one. This book boldly, and rightly, situates EMFs in the context of consciousness and spirituality. Of all the books I've read on EMFs, this one's my favorite."

—*Lloyd Burrell, author of Beating Electrical Sensitivity and founder of ElectricSense.com*

“Olga Sheean takes us on an intimate personal journey. Along the way, she challenges us to cultivate our deeper truth, reconnect and choose love. Our relationship with technology is like nothing our society has ever faced, and only we can cure our own addiction. I'm so thankful for this book.”

—*Theodora Scarato, MSW, Executive Director, Environmental Health Trust (<https://ehtrust.org/>)*

**Read more reviews at <https://emfoff.com/reviews/>**

# OLGA SHEEAN

Olga Sheean is an author, editor, educator, relationship therapist and empowerment trainer, specializing in human dynamics and creative potential. She is dedicated to excavating the deeper truth buried in every complex, powerful human being and use her own unique framework to identify and transform the negative conditioning that drives our circumstances, relationships, performance, self-worth and success.

**As a result of being adversely affected by electromagnetic radiation** (primarily microwave radiation from WiFi, cordless/cell phones and other wireless devices/systems), Olga has researched and written widely on manmade electromagnetic fields (EMFs). She has also connected with many of the scientists, researchers, activists and global networks addressing this crucial issue. In March 2018, she published her fifth book: ***EMF off! A call to consciousness in our misguidedly microwaved world.***

**Olga has had a rich and exciting career**—exploring the jungles of South America as a photo-journalist with WWF International in Switzerland; working as an editor in the highly political arena of the United Nations in Geneva; writing over 300 articles on human dynamics, personal development, relationships, electromagnetic radiation, holistic health and the environment; operating her own publishing company for non-fiction authors; and working as a magazine editor and columnist.

**In her 25 years of private practice**, Olga has gained an in-depth understanding of the mind–body connection, the power of our subconscious minds, and how neuroscience and quantum physics enable us to cultivate the reality and outcomes that we seek. Olga has trained in applied kinesiology, whole-brain integration, intuitive healing, interpersonal dynamics and conflict resolution. She has also studied nutrition and metabolic therapy. She works internationally, offering private consultations, empowerment intensives and online training to help people elevate their consciousness, activate their higher faculties, transcend crises/challenges, and enhance their health, relationships and happiness quotient.



# THANK YOU

*We look forward to working with you.*

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